



Halloween Presentation



Niagara Falls Presented by Kevin Woyce

November 8 at 1 PM

Join us for an illustrated tour of the Niagara River, from its historic bridges and forts to modern-day parks and tourist attractions. Discover how the river, falls and gorge formed, and see how they have changed over the years.

Kevin will also introduce the river's explorers and settlers; daredevils who risked their lives for fame or fortune; businessmen who harnessed the falls' power; and the conservationists and visionaries who saved the falls for generations of visitors.

Please call the Senior Center to register and for a ride.



Annual Middlesex High School Holiday Luncheon

December 10 at 2 PM

Please call the Senior Center to RSVP and register for a ride. Thank you to everyone that helps to coordinate this event: Mr. Inciong (Band), Mr. Adams (Chorus), Mr. Swartz (Key club), Mr. Schnappauf and his team (Food services)!

Cost is \$4. Please pay at the door.

Due to the holidays, grocery/errands for December 24/31 has moved to Monday, December 23/30.

Senior Center Hours

Senior Center Regular Operating Hours are
Monday – Friday 8:30 AM - 4 PM

Contact

SENIOR STAFF

Melissa DeMarino, Director

Sally Lynch, Administrative Assistant

Drivers: Phil Lore, Laura Meixner,
Michael Rick

IMPORTANT PHONE NUMBERS

MEDICARE: 1-800-633-4227

**PAAD/Senior Gold
(NJ Prescription Assistance):**
1-800-792-9745

MIDDLESEX BOROUGH

EMERGENCY

(Fire, Police, Poison): 911

**Police Department
(Non-Emergency):**
732-356-1900

**Fire Department
(Non-Emergency):**
732-356-7400 ext. 263

Middlesex Senior Center:
732-356-0414

Middlesex Borough:
732-356-7400

Middlesex Public Library:
732-356-6602

**Middlesex County
Middlesex County Office of Aging:**
732-745-3295

**Middlesex County Board
of Social Services:**
732-745-3500



It's that time of year again!

Open Enrollment for Medicare is happening. If you need assistance please call the Senior Center to schedule an appointment. Deadline to adjust your plans is December 7th.

Dunellen Movie Theater Senior Matinee Time Change

The Senior Matinee time has changed from 12 PM to 10 AM on the 3rd Monday of every month. Please contact them with any questions.

Inclement Weather Policy

The Center may close during periods of inclement weather to insure the safety of participants and staff using the facility. Announcements of closing will be carried over local radio stations. Should a scheduled trip need to be cancelled, we will contact you. Participants are encouraged to call the Center should there be questions about rescheduling meetings or activities.

We are here to help...

If you need assistance with your PTR, PAAD, or Senior Gold applications please call 732-356-0414 to schedule an appointment.

Maximum income for eligibility of PAAD:

Single - \$27,951 Couple - \$34,268

Maximum income for eligibility of Senior Gold:

Single - \$37,951 Couple - \$44,268

NOVEMBER 2019

SUN	MON	TUES	WED	THURS	FRI	SAT	
<ul style="list-style-type: none"> • Medical transportation will be Monday-Friday unless otherwise stated. • Please call for a ride to the Senior Center on Wednesdays. 				<ul style="list-style-type: none"> • All trips are subject to change. • Zumba/Yoga is \$4 and \$5 for non-residents 		1 Cards: 9 AM Zumba: 9:30 AM	2
3	4 Zumba: 1 PM	5 Election Day Grocery/ Errands: 9 AM	6 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	7 Zumba Gold Toning: 9:30 AM Trip to Walmart & Cracker Barrel: 10:30 AM Chair Yoga: 1:15 PM	8 Cards: 9 AM Zumba: 9:30 AM Kevin Woyce "Niagara Falls" Presentation: 1 PM	9	
10	11 OFFICE CLOSED NO MEDICAL TRIPS OR ZUMBA	12 Grocery/ Errands: 9 AM	13 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	14 Zumba Gold Toning: 9:30 AM Trip to Monmouth Mall: 10 AM Chair Yoga: 1:15 PM	15 Cards: 9 AM Zumba: 9:30 AM	16	
17	18 Trip to Dunellen Movie Theater \$5: 10 AM Zumba: 1 PM	19 Walmart - Manville Trip: 10:30 AM	20 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	21 Zumba Gold Toning: 9:30 AM Trip to Parx: 9:30 AM Chair Yoga: 1:15 PM	22 Cards: 9 AM Zumba: 9:30 AM	23	
24	25 Zumba: 1 PM Trip to Wegman's & Olive Garden: 11 AM	26 Grocery/ Errands: 9 AM	27 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	28 OFFICE CLOSED	29 OFFICE CLOSED NO ZUMBA	30	

DECEMBER 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 Trip to Peddlers Village: 9 AM Zumba: 1 PM	3 Grocery/ Errands: 9 AM	4 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	5 Zumba Gold Toning: 9:30 AM Trip to Hunterdon Hills: 10:30 AM (FULL) Chair Yoga: 1:15 PM	6 Cards: 9 AM Zumba: 9:30 AM	7
8	9 Zumba: 1 PM	10 Grocery/ Errands: 9 AM	11 Lunch with the Mayor	12 Trip to Boscov (PA) & Lunch: 9 AM Zumba Gold Toning: 9:30 AM Chair Yoga: 1:15 PM	13 Cards: 9 AM Zumba: 9:30 AM	14
15	16 Zumba: 1 PM Trip to Dunellen Movie Theater \$5: 10 AM	17 Walmart - Manville Trip: 10:30 AM	18 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM Trip to see Holiday Lights: 4:30 PM	19 Trip to Wind Creek: 9:30 AM Zumba Gold Toning: 9:30 AM Chair Yoga: 1:15 PM	20 Cards: 9 AM Zumba: 9:30 AM	21
22	23 Grocery/Errands: 9 AM Zumba: 1 PM	24 Christmas Eve	25 OFFICE CLOSED	26 Zumba Gold Toning: 9:30 AM Chair Yoga: 1:15 PM	27 Cards: 9 AM Zumba: 9:30 AM	28
29	30 Grocery/Errands: 9 AM Zumba: 1 PM	31 New Year's Eve	<ul style="list-style-type: none"> • Medical transportation will be Monday-Friday unless otherwise stated. • Please call for a ride to the Senior Center on Wednesdays • All trips are subject to change 			
				<ul style="list-style-type: none"> • Zumba/Yoga is \$4 and \$5 for Non-residents • *Lunch w/ Mayor— Residents Free/Non-residents \$10 		

Department of Senior Services
1200 Mountain Avenue
Middlesex, NJ 08846

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MIDDLESEX BOROUGH

Tree Lighting



**DECEMBER 8
4-6 PM**

Election Day is Tuesday, November 5th

We encourage you to get out and vote. If you need transportation to the polls, please call the Senior Center to schedule a ride.

Daylight Saving Time

Don't forget to turn your clock back 1 hour on November 3rd.