



Tax season is approaching

A free income preparation program, sponsored by AARP, will be held at the Senior Center beginning on February 4 and will be held every Tuesday and Thursday through April 14. **This program is by appointment only.** Please call the Senior Center after January 15 to schedule an appointment. Taxpayers must bring all documents pertaining to income from all sources and their Social Security Card.

Hearing Life Presentation

Come join us for an interactive presentation regarding ear health and hearing aids on January 10 at 11 a.m. Please call the Senior Center to reserve a seat.

Hunterdon Hills Presents... Sherlock Holmes Returns

Thursday, April 2 | 10:15 a.m.

Registration Deadline: March 10 - \$70

Sherlock Holmes Returns is yet another crown jewel in our widely popular Sherlock Holmes Immersive Musical Comedy Series! The uproarious musical features an all new plot and a slew of new songs! Buckingham Palace has been robbed and it's up to Sherlock Holmes, Dr. Watson and YOU, the audience, to go on a hilarious hunt to find the missing royal treasure! Hailed by HHP audiences as, "The most fun we have ever had in a theatre," our original Sherlock Holmes interactive musicals put you right in the middle of the action, finding the clues and solving the crime. Don't miss this one-of-a-kind show written by **Peter Sham** and **Brad Carroll**, internationally renowned writers of the West End hit comedy, *Lend Me A Tenor: The Musical*, and featuring our superb **HHP orchestra**.

Senior Center: 732-356-0414

Senior Center Regular Operating Hours are
Monday – Friday 8:30 AM - 4 PM

The Senior Center will be closed on January 20 in observance of Martin Luther King Jr. Day and on February 17 for Presidents' Day.

Contact

SENIOR STAFF

Melissa DeMarino, Director

Sally Lynch, Administrative Assistant

Drivers: Phil Lore, Laura Meixner,
Michael Rick

IMPORTANT PHONE NUMBERS

MEDICARE: 1-800-633-4227

**PAAD/Senior Gold
(NJ Prescription Assistance):**
1-800-792-9745

MIDDLESEX BOROUGH

Middlesex Senior Center:
732-356-0414

**EMERGENCY
(Fire, Police, Poison):** 911

**Police Department
(Non-Emergency):**
732-356-1900

**Fire Department
(Non-Emergency):**
732-356-7400 ext. 263

Middlesex Borough:
732-356-7400

Middlesex Public Library:
732-356-6602

**Middlesex County
Middlesex County Office of Aging:**
732-745-3295

**Middlesex County Board
of Social Services:**
732-745-3500



New Zumba Schedule...

Zumba gold is moving from Thursdays to Tuesdays at 9:30 a.m. Monday and Friday classes remain the same. As a reminder, pricing for this class is \$5 for Middlesex Residents and \$6 for Non-Residents. Regular Zumba is \$4 for Middlesex Residents and \$5 for Non-Residents.

Dunellen Movie Theater

Please be aware, we will not be providing transportation to the Dunellen Movie Theater in January and February due to the holidays, but the shows will be on at 10 a.m. the 3rd Monday of each month.

Did you ask for a new tablet, iPhone, iPad, tablet, or Kindle for the holidays?

Through a partnership with the Middlesex Public Library, we are now offering a new Teen Tech Tutor program! Through this program, teens will be able to help seniors learn how to use a variety of devices. The workshops are held in one-on-one sessions. Make sure to call the Senior Center for more information.

We are here to help...

If you need assistance with your PTR, PAAD, or Senior Gold applications please call 732-356-0414 to schedule an appointment.

Maximum income for eligibility of PAAD:

Single - \$27,951 Couple - \$34,268

Maximum income for eligibility of Senior Gold:

Single - \$37,951 Couple - \$44,268

JANUARY 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 OFFICE CLOSED NO MEDICAL TRIPS	2 Chair Yoga: 1:15 PM	3 Cards: 9 AM Zumba: 9:30 AM	4
5	6 Zumba: 1 PM	7 Grocery/ Errands: 9 AM Zumba Gold Toning: 9:30 AM	8 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	9 Trip to Walmart & Cracker Barrel: 10:30 AM Chair Yoga: 1:15 PM	10 Cards: 9 AM Zumba: 9:30 AM Hearing Life: 11 AM	11
12	13 Zumba: 1 PM	14 Grocery/ Errands: 9 AM Zumba Gold Toning: 9:30 AM	15 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	16 Chair Yoga: 1:15 PM	17 Cards: 9 AM Zumba: 9:30 AM	18
19	20 OFFICE CLOSED NO MEDICAL TRIPS	21 Zumba Gold Toning: 9:30 AM Walmart - Manville Trip: 10:30 AM	22 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	23 Trip to Aldi & Lunch: 11 AM Chair Yoga: 1:15 PM	24 Cards: 9 AM Zumba: 9:30 AM	25
26	27 Zumba: 1 PM	28 Grocery/ Errands: 9 AM Zumba Gold Toning: 9:30 AM	29 Cards: 9 AM Ageless Grace: 9:30 AM Bingo & Pizza: 10:30 AM	30 Trip to Wind Creek: 9:30 AM Chair Yoga: 1:15 PM	31 Cards: 9 AM Zumba: 9:30 AM	

- Medical transportation will be Monday-Friday unless otherwise stated.
- Please call for a ride to the Senior Center on Wednesdays.
- All trips are subject to change.
- Zumba/Yoga is \$4 and \$5 for non-residents
- Zumba Gold Toning is \$5 and \$6 for non-residents

FEBRUARY 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
	3 Zumba: 1 PM	4 Grocery/ Errands: 9 AM Zumba Gold Toning: 9:30 AM Crafternoons: 1 PM	5 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	6 Trip to Menlo Mall Cheesecake Factory: 10 AM Chair Yoga: 1:15 PM	7 Cards: 9 AM Zumba: 9:30 AM	8
9	10 Zumba: 1 PM	11 Grocery/ Errands: 9 AM Zumba Gold Toning: 9:30 AM Crafternoons: 1 PM	12 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM Valentine's Day Party: 11:30 AM - \$10	13 Trip to Amish Market: 10 AM Chair Yoga: 1:15 PM	14 Cards: 9 AM Zumba: 9:30 AM	15
16	17 OFFICE CLOSED NO MEDICAL TRIPS	18 Zumba Gold Toning: 9:30 AM Walmart - Manville Trip: 10:30 AM Crafternoons: 1 PM	19 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	20 Trip to Parx: 9:30 AM Chair Yoga: 1:15 PM	21 Cards: 9 AM Zumba: 9:30 AM	22
23	24 Zumba: 1 PM	25 Grocery/ Errands: 9 AM Zumba Gold Toning: 9:30 AM Crafternoons: 1 PM	26 Cards: 9 AM Ageless Grace: 9:30 AM Bingo & Pizza: 10:30 AM	27 Chair Yoga: 1:15 PM Trip to Texas Roadhouse: 4:30 PM	28 Cards: 9 AM Zumba: 9:30 AM	29

Department of Senior Services
1200 Mountain Avenue
Middlesex, NJ 08846

Prsrt First Class Mail
U.S. Postage
PAID
New Brunswick, NJ
Permit No 934

Bingo & Pizza

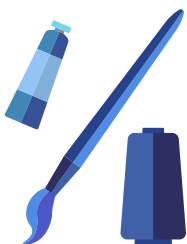
Beginning January 29, we will be hosting Bingo & Pizza every last Wednesday of the month. For \$2 you will get 2 slices of pizza, a drink, and a small dessert. Please sign up by Friday, January 24!
The game will begin at 10:30 a.m.

♥ Valentine's Day Dance ♥ with the DPW

Wednesday, February 12

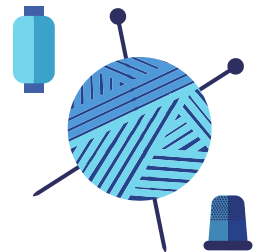
Cost: \$10 | Due by 2/7

Come dance the day away with our DPW!



Interested in Crafting...

Crafternoons are coming to the Senior Center, where you can explore different arts and craft activities each week and learn how to make your creativity soar with crochet, quilling, 3D pen crafts, scrapbooking, and more! Call for details.



INCLEMENT WEATHER POLICY

The Center may close during periods of inclement weather to insure the safety of participants and staff using the facility. Announcements of closing will be carried over local radio stations. We will contact you if a trip is cancelled. Participants are encouraged to call the Center should there be questions about rescheduling meetings or activities.