

Senior Messenger



MIDDLESEX BOROUGH • DEPARTMENT OF SENIOR & DISABLED SERVICES

The Senior Center will be closed on September 4th and October 9th.

September–October 2023

Regular office hours resume – M-Fr: 8:30 am to 4:00 pm

PTR, PAAD, or Senior Gold

The deadline to submit your Property Tax Reimbursement (PTR) application is **October 31, 2023**

If you need assistance with PTR, PAAD, or Senior Gold please call the Senior Center to schedule an appointment. The tax collector is available to fill out the property tax portion Tuesday through Thursday from 9:00 am to 12:00 p.m.

INCOME ELIGIBILITY FOR PAAD:

Maximum income: single \$42,142; couple \$49,209

INCOME ELIGIBILITY FOR SENIOR GOLD:

Maximum income: single \$42,142 – \$51,142; couple \$49,209 – \$59,209

Hunterdon Hills Christmas Show

Thursday, November 30 at 10:15 am

Filled with original stories, hilarious and heartwarming, this show is designed to be the perfect complement to your holiday season.

There's something for everyone – traditional holiday favorites, pop Christmas hits, seasonal spirituals, spectacular dance numbers, and more, all backed by their renowned orchestra. Admission includes show, table-served entrée, dessert, coffee, hot tea, tax, and gratuity. Registration and payment of \$81 is due by October 27th. Call the center to reserve your seat!



Senior Movie Days at the Dunellen Theater

September 11th and October 2nd

For \$5, this includes a movie, two slices of pizza, small soda, and small popcorn (pay at the theater). Meet at the theater or call (732) 356-0414 by the Friday before the show to set up transportation with the Senior Center. *Must be 62 years or older*

- Movie start time: 10:00 am
- Pick up start time: 9:30 am



PNC Bank Arts Center

September 6th at 12:00 pm

Free tickets to see Dominic Scaglione Jr. of Broadway's Jersey Boys fame sing the classics of Sinatra, Dean Martin, Four Seasons & Dion with Comedian Max Dolcelli. This is first come, first serve – call to reserve your seat!

Senior Health and Fitness Walk at Roosevelt Park

September 20th 10:00 am to 1:00 pm



There will be wellness information, health screenings, boxed lunches, raffles, t-shirts, and entertainment. Please call by 9/5 to register.

Beginning September 18th, food shopping will be moved to every Monday.

www.middlesexboro-nj.gov/senior-disabled-services



@Middlesex Borough Senior Services

CONTACT

SENIOR CENTER

732-356-0414

SENIOR STAFF

Melissa DeMarino • Director

Jenna Costantino •
Administrative Assistant

Drivers • Laura Meixner, Christine Dinizo, Joe Ford

IMPORTANT PHONE NUMBERS

MEDICARE • 800-633-4227

PAAD/Senior Gold (NJ Prescription Assistance) • 800-792-9745

FEMA • 800-621-3362

Social Security Office • 800-772-1213

PTR: 800-882-6597

MIDDLESEX BOROUGH

EMERGENCY

(Fire, Police, Poison): 911

Police Department
(Non-Emergency): 732-356-1900

Fire Department
(Non-Emergency):
732-356-7400 ext. 263

Middlesex Senior Center:
732-356-0414

Middlesex Borough: 732-356-7400

Middlesex Public Library:
732-356-6602

MIDDLESEX COUNTY

Middlesex County Office of Aging:
732-745-3295

**Middlesex County Board
of Social Services:** 732-745-3500

We're headed back down the shore!

On **September 14th at 9:30 am**, join us for a trip to Point Pleasant and lunch at The Shrimp Box. Please call by 9/8 to sign up.

Saint Peters University Hospital Mobile Health Unit

September 22nd 11:00 am to 2:00 pm

- Free blood pressure and blood sugar screenings
- Pfizer Bivalent Vaccines available – every person that gets vaccinated will receive a \$25 gift card.



New Jersey Motor Vehicle Commission Mobile Unit

October 13th 10:00 am to 2:00 pm

Need to renew your license but don't feel like making the trip? You're in luck! We are bringing the MVC to you. This "agency-on-wheels" offers driver licenses, non-driver identification cards, REAL ID, registrations, license plates, placards, and exam permits. Registration is required for this event. Call the center to sign up by 10/6.



Flu Season is here!

Protect yourself and get your flu shot provided by the Middlesex County Office of Health Services. A flu clinic will be held at the center on Tuesday, October 17th from 10:00 am to 11:00 am.

Medicare Open Enrollment

October 16th to December 7th

This is the perfect time to review your Medicare Part D and we are here to help. Call 732-356-0414 to schedule an appointment.

Senior Medicare Patrol (SMP) will be hosting an Open Enrollment presentation on 10/30 at 12:00 pm – call to reserve your seat.

Halloween Party

Wednesday, October 18th

Get into the Halloween spirit with Good Time Charlie on Wednesday, October 18th at 11:30 am. Please don't come earlier than 11:00 am. We will be having a hot lunch – cost is \$10. Please sign up and pay by 10/13.



SEPTEMBER 2023

	MON	TUE	WED	THU	FRI	SAT	
	<ul style="list-style-type: none"> Medical transportation will be Monday, Wednesday - Friday unless otherwise stated Please call for a ride to the Senior Center on Wednesdays All trips are subject to change 			<h2 style="font-family: cursive;">Senior Messenger</h2> <h3>September - October 2023</h3>		1 Zumba - 8:55 am Rutgers Farmers Market 10:15 am	2
3	4 Office Closed No Medical Trips	5 ShopRite 9am/12pm	6 PNC Bank Arts Center 12:00 pm Ageless Grace 9:30 am Bingo 10:30 am	7	8 Zumba - 8:55 am	9	
10	11 Dunellen Movie 10 am Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	12 ShopRite 9am/12pm	13 Ageless Grace 9:30 am Bingo 10:30 am	14 Veteran Meet-up 10 am Point Pleasant & Shrimp Box 9:30 am	15 Zumba - 8:55 am	16	
17	18 ShopRite 9am/12pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	19	20 Ageless Grace 9:30 am Bingo 10:30 am Senior Health & Fitness Walk, Roosevelt Park 10-1 pm	21 Parx Casino 9:30 am	22 Zumba - 8:55 am Saint Peters Mobile Health Unit 11-2 pm 	23	
24	25 Zumba - 8:55 am Walmart 9am/12pm Mindful Fitness - 10:15 am Mahjong 1-3pm	26	27 Ageless Grace 9:30 am Bingo 10:30 am Pizza 12:30 pm	28 Delicious Orchards 9:30 am	29 Zumba - 8:55 am	30	

OCTOBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Dunellen Movie 10 am ShopRite 9am/12pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	3	4 Ageless Grace 9:30 am Bingo 10:30 am	5 Wind Creek 9:30 am	6 Zumba - 8:55 am Highland Park Farmers Market 10:15 am	7
8	9 Office Closed No Medical Trips Mahjong 1-3pm	10	11 Ageless Grace 9:30 am Bingo 10:30 am	12 Veteran Meet-up 10 am 	13 Zumba - 8:55 am NJ MVC Mobile Unit 10 am-2 pm 	14
15	16 ShopRite 9am/12pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	17 Flu Clinic 10 am -11 am 	18 Halloween Party 11:30 am 	19 AARP Technology Course 10:30-12 	20 Zumba - 8:55 am	21
22	23 ShopRite 9am/12pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	24	25 Ageless Grace 9:30 am Bingo 10:30 am Pizza 12:30 pm 	26 Peddler's Village 9:30 am	27 Zumba - 8:55 am Halloween Craft 1 pm 	28
29	30 SMP Presentation 12:00pm Walmart 9am/12pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	31	<ul style="list-style-type: none"> Medical transportation will be Monday, Wednesday - Friday unless otherwise stated Please call for a ride to the Senior Center on Wednesdays All trips are subject to change Zumba/Yoga/Mindful Fitness is \$5 and \$6 for non-residents 			



AARP Smart DriverTek Workshop

This is a free, 90-minute workshop offers an interactive way to stay up to date with the latest safety technology in your current or future car. Learn all about what new technologies are available, how they work, and how they can improve your peace of mind on the road.

This will be held on October 19th from 10:30 am to 12:00 pm. Call the center to register.

Pictures from Magical Storytelling with Tchin



Pictures from our August Veteran Meet-Up

