

Senior Messenger



MIDDLESEX BOROUGH • DEPARTMENT OF SENIOR & DISABLED SERVICES

Office Closings

January 1st
January 15th
February 19th

Jan.–Feb. 2024

Senior Center Regular
Operating Hours 9:00 am to 4:00 pm

PAAD or Senior Gold

PAAD and Senior Gold are state-funded programs that help eligible seniors and individuals with disabilities save money on their prescription drug costs. If you need assistance applying, please call 732-356-0414 to schedule an appointment.

Income eligibility for PAAD:

Maximum income:
single \$52,142; couple \$59,209

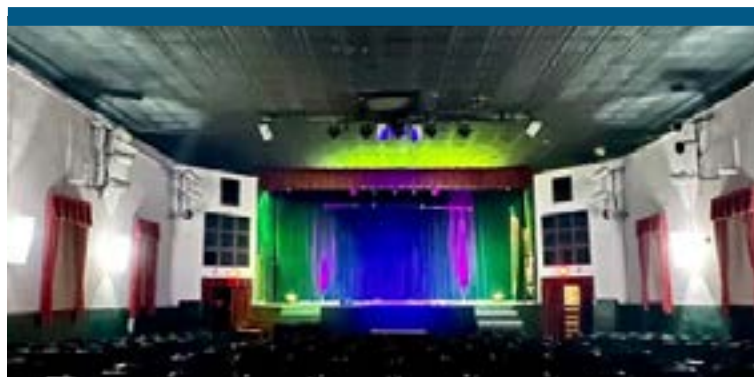
Income eligibility for Senior Gold:

Maximum income:
single \$52,142 – \$62,142;
couple \$59,209 – \$69,209



Tax Season is Approaching!

A free income preparation program, sponsored by AARP, will be taking place at the Center beginning on Thursday, February 1st and will be held every Tuesday and Thursday through April 11th. This program is by appointment only – Please call the Center starting January 17th to schedule an appointment. Taxpayers must bring all documents pertaining to income from all sources and their Social Security card.

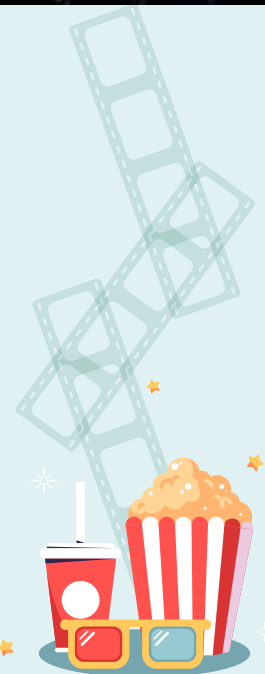


Senior Movie Days at the Dunellen Theater

January 8th and February 5th

For \$5, this includes a movie, two slices of pizza, small soda, and small popcorn (pay at the theater). Meet at the theater or call (732) 356-0414 by the Friday before the show to set up transportation with the Senior Center. *Must be 62 years or older*

- Movie start time: 10:00 am
- Pick up start time: 9:30 am



Inclement Weather Policy

The Center may close during periods of inclement weather to ensure the safety of participants and staff using the facility. If a trip is cancelled, we will notify each participant. We encourage you to call the Center should there be questions about rescheduling appointments or activities.

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@Middlesex Borough Senior Services

CONTACT

SENIOR CENTER

732-356-0414

SENIOR STAFF

Melissa DeMarino • Director

Jenna Costantino •

Administrative Assistant

Drivers • Laura Meixner, Christine Dinizo, Dennis Lynch and Dina Melchiorre

IMPORTANT PHONE NUMBERS

MEDICARE • 800-633-4227

PAAD/Senior Gold (NJ Prescription Assistance) • 800-792-9745

FEMA • 800-621-3362

Social Security Office • 800-772-1213

PTR: 800-882-6597

MIDDLESEX BOROUGH

EMERGENCY

(Fire, Police, Poison): 911

Police Department

(Non-Emergency): 732-356-1900

Fire Department

(Non-Emergency):

732-356-7400 ext. 263

Middlesex Senior Center:

732-356-0414

Middlesex Borough: 732-356-7400

Middlesex Public Library:

732-356-6602

MIDDLESEX COUNTY

Middlesex County Office of Aging:

732-745-3295

Middlesex County Board

of Social Services: 732-745-3500

Hunterdon Hills Presents: Beehive: The '60s Musical

Beehive: The '60s Musical is a nonstop, energetic celebration of six extraordinary women performing more than a dozen chart toppers from Diana Ross, The Supremes, Tina Turner, and more. Compete with big hairdos and 60's fashions, this timeless production will have audiences of all ages signing along and shouting for more. Admissions includes the show, table-served entrée, dessert, coffee, hot tea, tax, and gratuity.



Call the Center to reserve your seat for the Thursday, April 25th 11am show! Registration and payment of \$81 is due by March 29.



Bingo & Pizza!

Come join the fun on the last Wednesday of the month! For \$3.00, you will get 2 slices of pizza and a small dessert. Please call the Senior Center to sign up by 1/26 for January and 2/23 for February. Bingo starts at 10:30 a.m. and pizza will be here around 12:30 p.m.

Texas Roadhouse

February 22nd at 4:30 p.m.

We are taking a trip to Texas Roadhouse in North Plainfield to try their early dine menu! Please call the Center to reserve your spot on the bus. You are also welcome to meet the bus there!



Mardi Gras Celebration!

Join us on Wednesday, February 14th at 11:30 am for a day filled with fun, games, and great food! The cost is \$10 to attend and that covers a hot meal. To attend, please call the Center and sign up by February 7th.

JANUARY 2024

| | MON | TUE | WED | THU | FRI | SAT |
|-----------|--|---|--|--|---|-----------|
| | 1 Office Closed No Medical Trips | 2 ShopRite 9am/1pm | 3 Ageless Grace 9:30 am Bingo 10:30 am | 4 Parx Casino 9:30 am | 5 Zumba 8:55 am Chair Yoga 11:30 am | 6 |
| 7 | 8 Dunellen Movie 10 am ShopRite—9am/1pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm | 9 Saint Peters Heart Health Presentation 2:00 pm | 10 Ageless Grace 9:30 am Bingo 10:30 am | 11 Veteran Meet-up 10 am Winter Craft 1:00 pm | 12 Zumba - 8:55 am Chair Yoga 11:30 am | 13 |
| 14 | 15 Office Closed No Medical Trips | 16 ShopRite 9am/1pm | 17 Ageless Grace 9:30 am Bingo 10:30 am | 18 Aldi & Chinese Buffet 10:00 am | 19 Zumba 8:55 am Chair Yoga 11:30 am | 20 |
| 21 | 22 ShopRite—9am/1pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm | 23 | 24 Ageless Grace 9:30 am Bingo 10:30 am | 25 Flemington Mall 10:30 am | 26 Zumba - 8:55 am Chair Yoga 11:30 am | 27 |
| 28 | 29 Walmart 9 am/1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm | 30 | 31 Ageless Grace 9:30 am Bingo 10:30 am Pizza 12:30 pm | <ul style="list-style-type: none"> • Medical transportation will be Monday - Friday unless otherwise stated. • Please call for a ride to the Senior Center on Wednesdays • All trips are subject to change • Zumba/Yoga/Mindful Fitness is \$5 and \$6 for non-residents | | |

FEBRUARY 2024

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|--|---|--|---|---|-----------|
| |  | | | 1 AARP Tax Prep Amish Market and Lunch 9:30 am | 2 Zumba 8:55 am Chair Yoga 11:30 am | 3 |
| 4 | 5 Dunellen Movie 10 am ShopRite—9am/1pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm | 6 AARP Tax Prep | 7 Ageless Grace 9:30 am Bingo 10:30 am | 8 AARP Tax Prep Veteran Meet-Up 10 am Wind Creek 9:30 am | 9 Zumba 8:55 am Chair Yoga 11:30 am | 10 |
| 11 | 12 ShopRite 9am/1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm | 13 AARP Tax Prep | 14 Mardi Gras Party 11:30 am | 15 AARP Tax Prep Walmart & Cracker Barrel 10 am | 16 Zumba 8:55 am Chair Yoga 11:30 am | 17 |
| 18 | 19 Office Closed No Medical Trips | 20 AARP Tax Prep ShopRite 9am/1pm | 21 Ageless Grace 9:30 am Bingo 10:30 am | 22 AARP Tax Prep Woodbridge Mall 10 am | 23 Zumba 8:55 am Chair Yoga 11:30 am | 24 |
| 25 | 26 Walmart 9am/1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm | 27 AARP Tax Prep | 28 Ageless Grace 9:30 am Bingo 10:30 am Pizza 12:30 pm | 29 AARP Tax Prep Texas Roadhouse 4:30 pm |  | |

Pre-Sorted
First Class Mail
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 **November Veteran Meet-Up:**



Trip to Jersey Shore Premium Outlets



 **Thanksgiving Lunch 2023**

