

Senior Messenger



MIDDLESEX BOROUGH • DEPARTMENT OF SENIOR & DISABLED SERVICES

The Senior Center will be closed on April 7th.

March–April 2023

Daylight savings in on March 12th – Don't forget to Spring ahead!

Tax season is here

Limited spots are available for the free income preparation program, sponsored by AARP. This program is taking place at the Senior Center, every Tuesday and Thursday, until April 13th.



This program is by appointment only. Please call the Senior Center to schedule. Taxpayers must bring all documents pertaining to income from all sources and their Social Security Card.

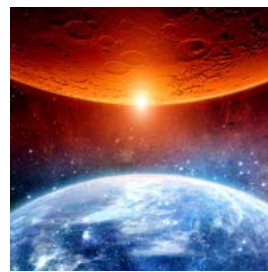
Inclement Weather Policy

The Senior Center may close during periods of inclement weather to ensure the safety of participants and staff using the facility. We will contact you if a trip is cancelled. Participants are encouraged to call the Senior Center should there be questions about rescheduling meetings or activities.

Property Tax Reimbursement (PTR) applications are out!

If you need assistance filling out your application, please call us to schedule an appointment. The tax collector is available to fill out the property tax portion Tuesday thru Thursday from 9-12pm.

Explore The Biggest Planetarium in America at the Liberty Science Center!



Jennifer Chalsty's Planetarium boasts a resolution of 88 million pixels, a lighting system that can produce over 281 trillion colors, and speakers capable of producing 30,000 watts of digital

sound. Experience the 89-foot full-dome view of the night sky and distant galaxies. Cost is \$20 for general admission and \$5 for special exhibitions. Date: April 27th

PTR, PAAD, or Senior Gold

If you need assistance with PTR, PAAD, or Senior Gold applications, please call 732.356.0414 to schedule an appointment.

INCOME ELIGIBILITY FOR PAAD:

Maximum income: single \$42,142; couple \$49,209

INCOME ELIGIBILITY FOR SENIOR GOLD:

Maximum income: single \$42,142 - \$51,142; couple \$49,209 - \$59,209

MUSICALLY TIMED: CONTINENTAL CLOCK MAKERS AND THEIR MARKETS AT THE MORRIS MUSEUM

Throughout the 18th & early 19th centuries, keeping time and making music were increasingly paired attributes for a wide variety of exotic and even fantastic decorative artworks for the homes of the wealthy. This exhibit features select objects graciously loaned from private collectors. Explore how clock makers incorporated music into their works, and households added a wide range of music to their everyday lives. Date: March 23rd; Admissions fee: \$8



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CONTACT

SENIOR CENTER

732-356-0414

SENIOR STAFF

Melissa DeMarino • Director

Jenna Costantino •

Administrative Assistant

Drivers • Laura Meixner, Christine Dinizo

IMPORTANT PHONE NUMBERS

MEDICARE • 800-633-4227

PAAD/Senior Gold (NJ Prescription Assistance) • 800-792-9745

FEMA • 800-621-3362

Social Security Office • 800-772-1213

PTR: 800-882-6597

MIDDLESEX BOROUGH

EMERGENCY

(Fire, Police, Poison): 911

Police Department

(Non-Emergency): 732-356-1900

Fire Department

(Non-Emergency):

732-356-7400 ext. 263

Middlesex Senior Center:

732-356-0414

Middlesex Borough: 732-356-7400

Middlesex Public Library:

732-356-6602

MIDDLESEX COUNTY

Middlesex County Office of Aging:

732-745-3295

Middlesex County Board

of Social Services: 732-745-3500

Rolling Reads

Middlesex Public Library has started a Homebound Delivery Service for Middlesex Borough residents.

- Delivery/pickup of Library materials every 2nd and 4th Tuesday and Wednesday of the month
- Don't have a current library card? They can deliver an application
- NO overdue fines for Rolling Reads patrons
- Call (732) 356-6602 ext. 3 or email reference@middlesexlibrarynj.org to register!

Bingo & Pizza is a hit!

We had such a great time at Bingo and Pizza last month... come join the fun on the last Wednesday of the month! For \$3.00, you will get 2 slices of pizza and a small dessert. Please call the Senior Center to sign up by 3/24 for March and 4/21 for April. Bingo starts at 10:30 a.m. and pizza will be here around 1:00 p.m.



Senior Movie Days at the Dunellen Theater

March 6th and April 3rd

For \$5, this includes a movie, two slices of pizza, small soda and small popcorn (pay at the theater). Meet at the theater or call (732) 356-0414 by the Friday before the show to set up transportation with the Senior Center. *Must be 62 years or older*

- Movie start time: 10:00 am
- Pick up start time: 9:30 am

St. Patrick's Day Party – March 8th



St. Patty's Day Celebration with Good Time Charlie is on Wednesday, March 8th at 11:30 a.m. Please don't come earlier than 11:00 a.m. We will be having corned beef boxed lunch – cost is \$10. Please call the Senior Center to sign up by 3/3.



Senior Fraud Prevention Conference – March 9th

In-person at the Piscataway Community Center (520 Hoes Ln, Piscataway, NJ 08854). Call (732) 562-2302 for more information.

March 2023

SUN	MON	TUE	WED	THU	FRI	SAT
<ul style="list-style-type: none"> Medical transportation will be Monday-Friday unless otherwise stated. Please call for a ride to the Senior Center on Wednesdays All trips are subject to change Zumba/Yoga/Mindful Fitness is \$5 and \$6 for non-residents AARP Income Tax Prep Tuesdays and Thursdays (By Appt Only) 			1 Ageless Grace 9:30 am Bingo 10:30 am	2 Trip to Aldi's & Chinese Buffet 10:00 am	3 Zumba - 8:55 am Chair Yoga 11am	4
5	6 Movie: Dunellen Theater Zumba - 8:55 am Mindful Fitness-10:15am	7 Grocery/Errands 9am/1 pm	8 St. Patrick's Day Party 11:30 am 	9 Veteran Meet-Up 10:00 am Trip to Wind Creek 9:30 am	10 Zumba - 8:55 am Chair Yoga 11am	11
12 Daylight Saving Time begins	13 Zumba - 8:55 am Mindful Fitness-10:15am	14 Grocery/Errands 9am/1 pm	15 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am	16 St. Patrick's Day Craft 1:00 pm 	17 Zumba - 8:55 am Chair Yoga 11am	18
19	20 Zumba - 8:55 am Mindful Fitness-10:15am	21 Grocery/Errands 9am/1 pm	22 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am	23 Trip to Morris Museum & Friendly's 10:30 am	24 Zumba - 8:55 am Chair Yoga 11am	25
26	27 Zumba - 8:55 am Mindful Fitness-10:15am AARP Driver Safety 10:00 am - 1:00 pm	28 Walmart Manville 9am/1pm	29 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am Pizza 1:00 pm	30 Cards 9:00 am Trip to Peddler's Village 9:30 am AARP Driver Safety 9:00 am - 12:00 pm	31 Zumba - 8:55 am Chair Yoga 11am	1

April 2023

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Movie: Dunellen Theater Zumba - 8:55 am Mindful Fitness-10:15am	4 Grocery/Errands 9am/1 pm	5 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am	6 Quilting Lecture with Krishma Patel 1:00 pm	7 Office Closed No Medicals	8
9	10 Zumba - 8:55 am Mindful Fitness-10:15am	11 Grocery/Errands 9am/1 pm	12 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am	13 Veteran Meet-up 10:00 am Trip to Parx Casino 9:30 am	14 Zumba - 8:55 am Chair Yoga 11am	15
16	17 Zumba - 8:55 am Mindful Fitness-10:15am	18 Grocery/Errands 9am/1 pm	19 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am	20 Trip to Hunterdon Hills Playhouse 10:15am	21 Zumba - 8:55 am Chair Yoga 11am	22
23	24 Zumba - 8:55 am Mindful Fitness-10:15am	25 Walmart Manville 9am/1pm	26 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am Pizza 1:00 pm	27 Trip to Liberty Science Center 9:30 am	28 Zumba - 8:55 am Chair Yoga 11am	29
30						

AARP Driver Safety Course

March 27th 10:00-1:00 & March 30th 9:00-12:00

“Get up to Speed with Driver Safety”

- Course updates your awareness of new road design, traffic laws, and how to adjust your driving to compensate for physical changes. It may also qualify you for a multiyear discount on your car insurance.
- Payment is due the day of Class
 - \$20 for AARP Members & \$25 for NON-AARP Members
- Call the Senior Center to register!

Save the Date: 90s Birthday Celebration Luncheon

May 24th at the Piscataway Senior Center (700 Buena Vista Ave, Piscataway, NJ 08854). You must be 90 years or older to participate.

Monthly Veteran Meet-Up

March 9th and April 13th

This once-a-month meet up will be held on the second Thursday of each month. We encourage Senior Veterans of Middlesex Borough to come, share stories and enjoy light refreshments.

Time: 10:00 am

