Senior Messenger

MIDDLESEX BOROUGH • DEPARTMENT OF SENIOR & DISABLED SERVICES

Pizza and Bingo is back! (see page 2)

January–February 2023

Calandar of Activities inside

BE KIND TO SNOWPEOPLE

Tax season is approaching

A free income preparation program, sponsored by AARP, will be taking place at the



Senior Center beginning on February 7th and will be held on Tuesdays and

Thursdays through April 13th. *This program is by appointment only.* Please call the Senior Center after January 15th to schedule an appointment. Taxpayers must bring all documents pertaining to income from all sources and their Social Security Card.



ANCHOR Program Update

The state extended the deadline to file for your anchor rebate to February 28th. The homestead rebate has been replaced by ANCHOR. Qualified homeowners and renters are now eligible to apply. If you need assistance, please call 732-356-0414 to set up an appointment.

PTR, PAAD, or Senior Gold

If you need assistance with PTR, PAAD, or Senior Gold applications, please call 732.356.0414 to schedule an appointment.

INCOME ELIGIBILITY FOR PAAD:

Maximum income: single \$42,142; couple \$49,209

INCOME ELIGIBILITY FOR SENIOR GOLD:

Maximum income: single \$42,142 - \$51,142; couple \$49,209 - \$59,209 **HUNTERDON HILLS PRESENTS...**





Thursday, April 20 at 10:15 AM

Registration and payment of \$81 is due by March 10th

On December 4, 1956, Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley assemble at the Sun Record recording studio in Memphis, Tennessee.

Established performer Carl Perkins was to record songs with a new performer, Jerry Lee Lewis. Elvis Presley stops by the studio along with his girlfriend, a singer named Dyanne. Johnny Cash has stopped by to talk to recording impresario Sam Philips. They soon have a jam session together. Philips attempts to re-sign Johnny Cash to a new contract, unaware he has already signed with Columbia Records. Typically, as a member from the Quartet enters for the first time, he sings a verse of one of his most famous songs, followed by an onstage freeze of all actors. During this time Sam Philips relates to the audience how he first discovered the boy, and a brief, few line scene of that moment occurs between Philips and the musician, followed by Sam Phillips asking the boy to play something for him, which is the next verse of the song, and everyone unfreezes.



CONTACT

SENIOR CENTER

732-356-0414

SENIOR STAFF

Melissa DeMarino • Director Jenna Costantino • Administrative Assistant

Drivers • Laura Meixner, Joe Ford, Christine Dinizo

IMPORTANT PHONE NUMBERS

MEDICARE • 800-633-4227 PAAD/Senior Gold (NJ Prescription Assistance) • 800-792-9745 FEMA • 800-621-3362 Social Security Office • 800-772-1213 PTR: 800-882-6597

MIDDLESEX BOROUGH

EMERGENCY (Fire, Police, Poison): 911

Police Department (Non-Emergency): 732-356-1900

Fire Department (Non-Emergency): 732-356-7400 ext. 263

Middlesex Senior Center: 732-356-0414

Middlesex Borough: 732-356-7400 Middlesex Public Library:

732-356-6602

MIDDLESEX COUNTY

Middlesex County Office of Aging: 732-745-3295 Middlesex County Board of Social Services: 732-745-3500

Bingo & Pizza is back!!

The last Wednesday of the month we will be having Bingo & Pizza for \$3.00 starting January 25th. You will get 2 slices of pizza and a small dessert. Please sign up by Friday, 1/20! Bingo starts at 10:30 a.m.



Feb. 16th: "Thank You For Being A Friend" Party

This Valentine's Day we are celebrating the friendships we have here at the Middlesex Borough Senior Center and the Golden Girls. Please join us for an afternoon of fun, laughs, and cheesecake of course. Hot lunch will also be served.



Party starts at 11:30am, please do not come any earlier than 11am. RSVP by Friday, February 10th. Cost - \$10 per person

Scenes from Holiday Craft Day, 12/22



January 2023

| SUN | MON | TUE | WED | THU | FRI | SAT | | |
|-----|--|---|---|---|---|-----|--|--|
| 8 | 9 Zumba - 8:55 am Mindful Fitness - 10:15am | 10 Grocery/Errands -9am/1 pm | 11 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am | 12 | 13 Zumba - 8:55 am Chair Yoga 11am | 14 | | |
| 15 | 16 Office Closed No Medical Trips | 17 Grocery/Errands -9am/1 pm | Ageless Grace 9:30 am | 19 Winter Craft 1pm Trip to Walmart & Cracker Barrel 10am | 20 Zumba - 8:55 am Chair Yoga 11am | 21 | | |
| 22 | 23 Zumba - 8:55 am Mindful Fitness - 10:15am | 24 Grocery/Errands -9am/1 pm | 25 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am | 26 Trip to Wind Creek 9:30am | 27 Zumba - 8:55 am Chair Yoga 11am | 28 | | |
| 29 | 30 Zumba - 8:55 am Mindful Fitness - 10:15am | 31 Walmart Manville 9am/1pm | Medical transportation will be Monday-Friday unless otherwise stated. Please call for a ride to the Senior Center on Wednesdays All trips are subject to change Zumba/Yoga/Mindful Fitness is \$5 and \$6 for non-residents AARP Income Tax Prep Tuesdays and Thursdays —By Appt Only | | | | | |

Febrary 2022

| SUN | MON | TUE | WED | THU | FRI | SAT | | |
|-----|---|---|---|--|---|-----|--|--|
| | | | 1 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am | 2 Trip to Boscov's & Lunch 9:30am | 3 Zumba - 8:55 am Chair Yoga 11am | 4 | | |
| 5 | 6 Zumba - 8:55 am Mindful Fitness 10:15am | 7 Grocery/Errands -9am/1 pm | 8 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am | 9 Valentine's Craft 1pm Trip to Zimmerli Museum & Lunch 10:30am | 10 Zumba - 8:55 am Chair Yoga 11am | 11 | | |
| 12 | 13 Movie - Dunellen Theater Zumba - 8:55 am Mindful Fitness - 10:15am | 14 Grocery/Errands -9am/1 pm | 15 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am | 16 Golden Girls Party 11:30am | 17 Zumba - 8:55 am Chair Yoga 11am | 18 | | |
| 19 | 20 Office Closed No Medical Trips | 21 Grocery/Errands -9am/1 pm | 22 Cards 9:00 am Ageless Grace 9:30 am Bingo 10:30 am | 23 Trip to Parx Casino 9:30am | 24 Zumba - 8:55 am Chair Yoga 11am | 25 | | |
| 26 | 27 Zumba - 8:55 am Mindful Fitness - 10:15am | 28 Walmart Manville 9am/1pm | AARP Income Tax Prep Tuesdays and Thursdays —By Appt Only Medical transportation will be Monday-Friday unless otherwise stated. Please call for a ride to the Senior Center on Wednesdays All trips are subject to change Zumba/Yoga/Mindful Fitness is \$5 and \$6 for non-residents | | | | | |

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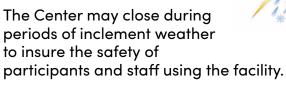
Middlesex Borough Department of Senior and Disabled Services 1200 Mountain Avenue Middlesex, NJ 08846 Pre-Sorted First Class Mail US Postage **PAID** Permit #344 Toms River, NJ 08753

Q: What do Bingo, Pizza, and the Golden Girls have in common?

A: YOU CAN READ ABOUT THEM ON PAGE 2!



Inclement Weather Policy



We will contact you if a trip is cancelled. Participants are encouraged to call the Center should there be questions about rescheduling meetings or activities.

Senior Center Regular Operating Hours

Monday - Friday • 9 am - 4 pm

Holiday Closings

January 16Martin Luther King Jr. Day February 20......Presidents' Day