



**Middlesex Office of Emergency Management
& Middlesex Public Library**
with support from Middlesex Dept of Public Works
present

BYSTANDER CPR TRAINING STROKE AWARENESS

Training provided
by MedicZero

**FREE
PROGRAM!**
Middlesex Residents only

*For ages 13 and up
(parental permission
required for ages 13yrs-17yrs)*

*Space is limited to 50
people per session; first
come first served*

TWO sessions offered:

Wednesday, November 30

Wednesday, December 7

at Middlesex Public Library
Community Room
7pm - 9pm

Training includes:

- Learn about stroke signs and symptoms
- Basic AED usage
- Hands on CPR training

**REGISTER ONLINE ONLY AT:
[HTTPS://TINYURL.COM/2EKJC8YA](https://tinyurl.com/2EKJC8YA)**

YOU ARE THE HELP UNTIL HELP ARRIVES

Questions? Email bbenson553@yahoo.com or call MDSX Library at (732) 356-6602, ext. 4